

INFORMATION GUIDE FOR FOREIGN-BORN RESIDENTS OF LITHUANIA

**PROJECT “BRIDGES OF INTEGRATION: SERVICE PROVISION FOR
FOREIGN-BORN RESIDENTS IN KĖDAINIAI DISTRICT”**

No. PMIF-2.01-V-03-07



**Bendrai finansuoja
Europos Sąjunga**



Project goal – to ensure the successful social integration at the local level of third-country nationals and stateless persons living in the Kėdainiai district municipality by funding a range of services: information and counselling, Lithuanian language training, socio-cultural orientation, psychosocial support, competence development, community involvement, and other needs-based services.

Implementation period: from October 2025 to December 2028.

Activity number	Project activity	Activity implementers	Activity description	Coordinator contacts
1.	Mental health and psychosocial support services	Caritas of the Archdiocese of Kaunas; Kėdainiai District Women’s Crisis Centre; Association “Kėdainių samariečiai”	Support will be provided on four levels: <ol style="list-style-type: none"> 1. Basic daily assistance. The association “Kėdainių samariečiai” will help with access to food, clothing, temporary housing, healthcare, and other necessary assistance. 2. Community activities and relationship building. The Kėdainiai District Women’s Crisis Centre will organize emotional support groups, creative workshops, and meetings. These activities help participants meet like-minded people and feel accepted and supported. 3. Psychological support. A psychologist from Caritas of the Archdiocese of Kaunas will provide group and individual sessions, helping participants manage stress, anxiety, and strengthen emotional well-being. 4. Specialized support. If treatment or more complex healthcare services are needed, participants will be referred to appropriate medical institutions. All assistance will be provided sensitively, respectfully, in a culturally appropriate and understandable language, ensuring that every person feels safe and dignified.	Svajonė Lapiniauskienė Tel.: 068183606 E-mail: svajone.lapiniauskiene@kaunas.caritas.lt Rita Stakniūnienė Tel.: 063330805 E-mail: mkcentras@gmail.com Sonata Patkauskaitė Tel.: 061454563 E-mail: kedainiusamarieciai@gmail.com
2.	Socio-cultural Orientation Training	Kėdainiai District Municipality Mikalojus Daukša Public Library	This is a 40-academic-hour training programme designed for third-country nationals who have recently arrived in Lithuania or have already been living here. The training helps participants adapt more easily to life in Lithuania. In a simple and clear way, participants will learn about: <ul style="list-style-type: none"> • state institutions and the services they provide, • the education, healthcare, and social protection systems, • the labour market and legal matters, • essential aspects of everyday life. 	Irmina Pryvalova Tel.: 069874601 E-mail: kultura.krvb@gmail.com

			<p>During the sessions, participants will receive practical advice and will have the opportunity to interact with local specialists and the community.</p> <p>The training will be delivered in a language understandable to participants, and the content will be adapted to their needs.</p> <p>The programme helps participants more easily find employment, use various services, and better understand Lithuanian culture and traditions.</p>	
3.	Activities with the Local Community and Inclusion Promotion	<p>Caritas of the Archdiocese of Kaunas;</p> <p>Association “Trinus”</p>	<p>These activities aim to help local residents and foreigners better understand one another and communicate more actively.</p> <p>In the Kėdainiai district, the following activities are organized:</p> <ul style="list-style-type: none"> • themed meetings, • community celebrations, • discussions, • volunteering activities, • creative workshops for children and youth. <p>These activities help to:</p> <ul style="list-style-type: none"> • reduce stereotypes, • get to know one another better, • build friendships between families, • learn from different cultures. <p>Both local residents and foreigners living in Lithuania are included in the activities. This helps to build long-term connections and fosters a more open and friendly community.</p>	<p>Svajonė Lapiniauskienė Tel.: 068183606 E-mail: svajone.lapiniauskiene@kaunas.caritas.lt</p> <p>Edvinas Vrubliauskas Tel.: 064580315 E-mail: info.trinus@gmail.com</p>
4.	Cybersecurity, Legal, and Financial Literacy Training	<p>Kėdainiai District Municipality Mikalojus Daukša Public Library;</p> <p>Caritas of the Archdiocese of Kaunas</p>	<p>This programme is intended for third-country nationals. It helps participants to:</p> <ul style="list-style-type: none"> • use computers and the internet safely, • better understand the Lithuanian legal system, • acquire practical financial management skills needed in everyday life (payments, budgeting, and more). <p>The programme helps participants feel safer, more independent, and better prepared to manage daily life in Lithuania.</p>	<p>Irmina Pryvalova Tel.: 069874601 E-mail: kultura.krvb@gmail.com</p> <p>Svajonė Lapiniauskienė Tel.: 068183606 E-mail: svajone.lapiniauskiene@kaunas.caritas.lt</p>
5.	State Language Training	Kėdainiai Adult and Youth	<p>This programme helps third-country nationals successfully integrate into life in Lithuania — into the community, the labour market, and the education system.</p> <p>During the training, participants will:</p>	<p>Jūratė Vaitonienė Tel.: 064532760 E-mail: neformalustau@smc.kedainiai.lm.lt</p>

		Education Centre	<ul style="list-style-type: none"> • learn to communicate and navigate everyday situations, • develop independence, • study everyday and professional Lithuanian language, • get acquainted with Lithuanian culture and daily life. <p>Knowledge of the Lithuanian language is one of the key factors enabling people to work, study, and feel confident living in Lithuania.</p>	
6.	Information, Counselling, and Mediation Services	Association “Kėdainių samariečiai”	<p>This support system is designed for third-country nationals to help make their integration into life in Lithuania easier and smoother. The system provides assistance in the following areas:</p> <ul style="list-style-type: none"> • healthcare services, • education and children’s extracurricular activities, • social protection, • job searching and employment, • document processing, • mediation and representation in institutions, • opportunities and advice for starting self-employment or a small business. <p>This assistance helps participants better understand Lithuanian institutions, access services, and manage everyday life independently.</p>	<p>Sonata Patkauskaitė Tel.: 061454563 E-mail: kedainiusamarieciai@gmail.com</p>
7.	Integration Services in the Municipality Addressing Identified Challenges	Kėdainiai District Municipality Mikalojus Daukša Public Library	<p>The Cultural Dialogue Club will organize creative workshops — collage, drawing, neurographics, and dance. These activities will help participants express emotions, strengthen communication, and build connections between people. The main goal is to support foreigners in better integrating into the local community by participating in cultural activities together with local residents.</p>	<p>Irmina Pryvalova Tel.: 069874601 E-mail: kultura.krvb@gmail.com</p>

Project Implementer – Kėdainiai District Municipality Administration

Project Partners / Activity Implementers:

Kėdainiai District Municipality Mikalojus Dauša Public Library



Caritas of the Archdiocese of Kaunas



Kėdainiai District Women's Crisis Centre



Association "Kėdainių samariečiai"



Kėdainiai Adult and Youth Education Centre



Association "Trinus"

